

5 PROGRAMS FOR RAPID TRANSFORMATION

1 - MINDSET DEVELOPMENT

- What **MOOD** do you need? How can you intentionally **PLAN** for it?

2 - CONSCIOUS AWARENESS

- What is your missing **OBLIGATION**? What is your missing **RESPONSIBILITY**?

3 - SUBCONSCIOUS AWARENESS

- What are your **UNHEALTHY ENVIRONMENT** cues? How can you **CHANGE**?

4 - BUILDING AMBITION

- Is your current **SITUATION** satisfactory or dangerous? How about your **FUTURE**?

5 - FINDING PURPOSE

- What do you most want to **AVOID** and **EXPERIENCE** emotionally?

UNLOCK
YOUR TRUE
POWER



THE BIGGEST LIE:

SUFFERING = SUCCESS

- You **SURVIVED** your **TRAUMA**
- You did what you **NEEDED** to do
- The moment is **OVER**
- The environment has **CHANGED**
- In this moment, you are **SAFE**

**TRAUMA IS YOUR
TEACHER**

1. **MINDSET DEVELOPMENT**
2. **CONSCIOUS AWARENESS**
3. **SUBCONSCIOUS AWARENESS**
4. **BUILDING AMBITION**
5. **FINDING PURPOSE**

**5 PROGRAMS FOR
RAPID
TRANSFORMATION**

WHERE DO I START?

- WHAT MOOD DO I NEED TO CREATE?
- HOW DO I INTENTIONALLY PLAN THIS MOOD?

Program 1: **MINDSET**

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- IS YOUR CURRENT SITUATION SATISFACTORY OR DANGEROUS?
- IS YOUR FUTURE TRAJECTORY SATISFACTORY OR DANGEROUS?

Program 4: **BUILDING AMBITION**

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- WHAT IS THE MISSING PERCEPTION? RESPONSIBILITY?

Program 2: **CONSCIOUS AWARENESS**

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- WHAT DO YOU NEED TO AVOID EMOTIONALLY AS A FUTURE STATE?
- WHAT DO YOU NEED TO EXPERIENCE EMOTIONALLY AS A FUTURE STATE?

Program 5: **FINDING PURPOSE**

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- WHAT ARE YOUR UNHEALTHY ENVIRONMENT CUES?
- HOW CAN YOU CHANGE/ADD/SUBTRACT?

Program 3: **SUBCONSCIOUS AWARENESS**

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